



*Holy Mary, Mother of God,
pray for us!*

PRAYERS AND HEAVENLY PROMISES

Compiled from Approved Sources
by Joan Carroll Cruz

“Ask, and it shall be given you: seek, and you shall find: knock, and it shall be opened to you. For every one that asketh, receiveth: and he that seeketh, findeth: and to him that knocketh, it shall be opened.”

—Matthew 7:7-8

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A Powerful Prayer To Be Said Before Praying

“ALMIGHTY Father,
I place the Precious Blood of Jesus
before my lips before I pray,
that my prayers may be purified
before they ascend
to Your divine altar.”

—*St. Mary Magdalen de Pazzi*

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Morning Prayers

A Morning Prayer based on Three Revelations of Our Lord

DEAR LORD, I adore Your Sacred Heart, which I desire to enter with acts of love, praise, adoration and thanksgiving. I offer You my own heart as I sigh to You from its very depths, asking that You will work through me in all that I do this day; thus may I draw You closer to me than You were before. I offer You all the crosses and sufferings of the world, in union with Your life on earth, in expiation for sins. Please join my every action and heartbeat to the pulsations of Your heart. I unite all my works of this day to those labors You performed while You were on earth, bathing them in Your precious Blood, and I offer them to the Heavenly Father so that many souls may be saved. Amen.

This prayer is based on the following revelations:

“When you awake, enter at once into My Heart, and when you are in it, offer My Father all your actions united to the pulsations of My Heart . . . If [a person is] engaged in work of no value in itself, if she bathes it in My Blood or unites it

to the work I Myself did during My mortal life, it will greatly profit souls . . . more, perhaps, than if she had preached to the whole world. You will be able to save many souls that way.”

—Our Lord to Sr. Josefa Menendez (1890-1923)

“When you awake in the morning, let your first act be to salute My Heart, and to offer Me your own . . . Whoever shall breathe a sigh toward Me from the bottom of his heart when he awakes in the morning and shall ask Me to work all his works in him throughout the day, will draw Me to him . . . For never does a man breathe a sigh of longing aspiration toward Me without drawing Me nearer to him than I was before.”

—Our Lord to St. Mechilde (1241-1298)

“It is not merely by praying that souls are saved, but through the actions of even the most ordinary lives lived for God . . . Offer Me everything united to My life on earth . . . Offer Me all the crosses of the world. There are so many, and few think of offering them to Me in expiation for sins.”

—Our Lord to Gabrielle Bossis (1874-1950)

Fatima Morning Offering

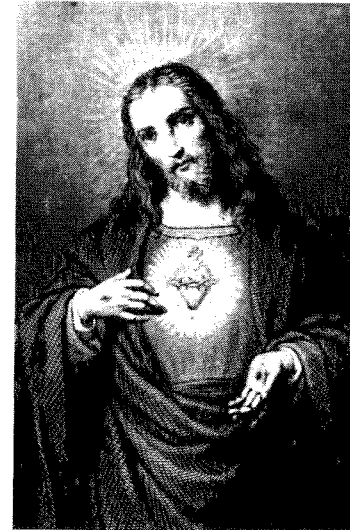
(Based on Our Lady of Fatima's requests)

O JESUS, through the Immaculate Heart of Mary, I offer You my prayers, works, joys and sufferings, all that this day may bring, be they good or bad: for the love of God, for the conversion of sinners, and in reparation for all the sins committed against the Sacred Heart of Jesus and the Immaculate Heart of Mary.

Morning Offering to the Sacred Heart

O JESUS, through the Immaculate Heart of Mary, I offer You my prayers, works, joys and sufferings of this day for all the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, for the intentions of all our associates, and in particular for the intentions of our Holy Father for this month.

—The Apostleship of Prayer



The Sacred Heart of Jesus



Our Lord crowned with thorns

“They placed upon His sacred head a cap made of plaited thorns to serve Him as a crown. This cap was woven of thorn branches and in such a manner that many of the hard and sharp thorns would penetrate into the skull, some of them to the ears and others to the eyes. Hence one of the greatest tortures suffered by the Lord was that of the crown of thorns . . .”

—*Ven. Mary of Agreda*

The Mystical City of God, Bk. 6, chap. 20.

O Sacred Head Surrounded

O SACRED Head surrounded
 By Crown of piercing thorn!
 O bleeding Head, so wounded,
 Reviled and put to scorn!
 Death's pallid hue comes o'er Thee,
 The glow of life decays,
 Yet angel hosts adore Thee
 And tremble as they gaze.

I see Thy strength and vigor
 All fading in the strife,
 And death, with cruel rigor,
 Bereaving Thee of life;
 O agony and dying!
 O love to sinners free!
 Jesus, all grace supplying,
 O turn Thy face on me!

In this Thy bitter Passion,
 Good Shepherd, think of me,
 With Thy most sweet compassion,
 Unworthy though I be;
 Beneath Thy Cross abiding,
 Forever would I rest,
 In Thy dear love confiding,
 And with Thy presence blest.

—*St. Bernard of Clairvaux (1090-1153)*

St. Augustine's Prayer to the Holy Spirit

BREATHE in me, O Holy Spirit, that my thoughts may all be holy. Act in me, O Holy Spirit, that my work, too, may be holy. Draw my heart, O Holy Spirit, that I love but what is holy. Strengthen me, O Holy Spirit, to defend all that is holy. Guard me, then, O Holy Spirit, that I always may be holy. Amen.



House Blessing

VISIT, we beg You, O Lord, this dwelling, and drive from it all the snares of the enemy. Let Your holy angels dwell herein, to keep us in peace; and let Your blessings be always upon us. Through Christ Our Lord. Amen.

House Blessing in Verse

VISIT, Lord, this house of ours,
Drive wicked foes away;
Let holy angels stay with us
To keep the peace of day;
Let every blessing come to us
And 'bide with us always. Amen.

The Miraculous Novena of Grace March 4-March 12 or November 25-December 3

PRAYER TO ST. FRANCIS XAVIER

Attributed to Father Marcello Mastrilli, S.J. (17th century).

MOST amiable and most loving St. Francis Xavier, in union with thee I reverently adore the Divine Majesty. I rejoice exceedingly on account of the marvelous gifts which God bestowed upon thee. I thank God for the special graces He gave thee during thy life on earth and for the great glory that came to thee after thy death. I implore thee to obtain for me, through thy powerful intercession, the greatest of all blessings—that of living and dying in the state of grace. I also beg of thee to secure for me the special favor I ask in this novena. (*Here you may mention the grace, spiritual or temporal, that you wish to obtain.*)

In asking this favor I am fully resigned to the Divine Will. I pray and desire only to obtain that which is most conducive to the greater glory of God and the greater good of my soul.

V. Pray for us, St. Francis Xavier.

R. That we may be made worthy of the promises of Christ.

(Continued on next page.)